



Celebrity Cruises 11 Night Wellness Sailing

Featuring goop Founder & CEO, Gwyneth Paltrow
 August 26, 2020 aboard the new Celebrity Apex
 Sailing Spain, France and the Italian Riviera

Itinerary

August 26, 2020	Embark from Barcelona, Spain
August 27, 2020	Provence (Marseille), France
August 28, 2020	Monte Carlo, Monaco
August 29, 2020	Nice (Villefranche), France
August 30, 2020	goop Wellness Summit on Board Celebrity Apex
August 31, 2020	Santa Margherita, Italy
September 1, 2020	Rome (Civitavecchia), Italy
September 2, 2020	Naples, Italy
September 3, 2020	At Sea, Cruising
September 4, 2020	Palma De Mallorca, Spain



Additional events and details to be revealed, February 2020

August 30, 2020: goop Wellness Summit on Board Celebrity Apex



Opening Conversation

goop's chief content officer, Elise Loehnen, kicks off a conversation with founder and CEO Gwyneth Paltrow about her personal wellness journey, what she's learned, what she's still curious about, and where she's headed next.



The Mind Session

This workshop focuses on mental health, the power of your mind, and creating immediate and lasting shifts in outlook.



The Body Session

In this active group workout class, we'll move (a lot), tap into the potential of the body, learn from a fitness pro, and have some fun.



The Soul Session

So often, physical, mental, and emotional well-being are inextricably linked. This class is an energetic experience, guided by a beloved spirituality teacher and designed to leave you feeling more grounded than when you entered.



Closing Keynote

A conversation between goop's Chief Content Officer Elise Loehnen and one of the day's fascination culture-changers. (We can't say more yet, but we know you'll love it)

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Experience goop at Sea as part of The Retreat

The goop at Sea experience is exclusively available to guests who book a luxurious suite.

The Retreat® isn't just a place. It isn't a service. It isn't an amenity. It's our entire suite experience, and it's all available to every suite guest. In fact, we're the only premium cruise line to offer every suite guest a personal butler, a private restaurant, and an exclusive lounge. Together with world-renowned designer Kelly Hoppen, MBE, we've created the ultimate in modern luxury experiences.




luminae
at the retreat

This private restaurant—open for breakfast, lunch, and dinner—features a boldly elegant design as distinctive as its cuisine. Not only is the restaurant exclusive, but so are its menus. Crafted by our Michelin-starred chef, the modern, eclectic cuisine served in Luminae at The Retreat is not available anywhere else on board, and the menu includes complimentary Signature Dishes from Chef Daniel Boulud, our Global Culinary Brand Ambassador.




the
retreat
lounge

This exclusive lounge is available 24/7, and inside, world-renowned designer Kelly Hoppen, MBE, has created a warm and inviting space where you can enjoy complimentary beverages, gourmet bites, and a comfortable place to unwind. You'll also have access to a dedicated concierge who'll make any arrangements you need—on board or off.




the
retreat
sundeck

Celebrity Edge® first introduced The Retreat Sundeck, a luxurious outdoor area that rivals any high-end resort, and now we're taking it fleetwide. Kelly Hoppen has created an inviting space that makes it easy to unplug, featuring plush, stylish furniture and a relaxing hot tub. Dedicated attendants are at your service with cocktails, fresh towels, and refreshing treats.

